



TEAM GERMANY JUNIOR ELITE



Advanced Routine

	1	2	3	4	5	6	7	8	Element
1	Clap		Swing		Jump		Load	Throw	BHS Up Block Lib - High to High Tic Toc Sponge Down
2	Hit				Lib + High V				
3	Dip		Switch				Dip		
4	Up		Sponge Down		Out		Clean		
5	Turn				Hände		Dip		1 1/2 Up - Lib - Turn Arabesque - Double
6	Hop In Sponge				Dip		1 1/2 Up		
7	Hit				Lib	Turn+Arabesque			
8			Dip		Double Down		Catch		
9			Out	Clean			Turn		
10			Grab		Set		Dip		Kick Double
11	Hop In/Dip		Up	Kick	Double		Catch		
12	Out	Clean							