



# TEAM GERMANY JUNIOR ELITE



## Basic Routine

	1	2	3	4	5	6	7	8	Element
0							Set		Full Up Lib
1	Dip		Sponge		Dip		Low V	Clean/Spin	
2	Hit		High V				Dip		
3	Pop Off		Catch		Clean				
4			Set		Dip		Up	Hit	Switch Up Stretch
5			High V		Dip		Twist		
6	Catch		Out	Clean					
7	Turn				Set		Dip		Two Base Lib
8	Up		High V				Dip		
9	Cradle		Catch		Out	Clean			
10			Grab		Set		Dip		Kick Twist
11	Hop In/Dip		Up	Kick	Twist		Catch		
12	Out	Clean							